

Spiritual Health for Engineers

Engineers may be thoroughly grounded in the material world, yet they know that life is somehow more than the sum of its physical components. Professionals who focus on practical matters also hunger for beauty and yearn for good relationships. Along with the durability of structures, they seek peace of mind and sustainable living patterns. While this isn't about religion, it is the realm of the human spirit. This workshop cultivates awareness about what it means to be fully human and how to live in ways that account for realities beyond the merely material.

Speaker: Doug Koop, CPE

Doug Koop works as a full-time Spiritual Health Specialist at HSC Winnipeg, providing emotional and spiritual support to patients, families and staff. A long-time friend of Executive Director & Registrar Grant Koropatnick, Doug has been invited to discuss attributes of healthy living, with a primary focus on paying attention to our spirits. Doug will define spiritual health and provide insights with recommended practical steps for achieving balanced health for professionals working in the demanding technical professions of engineering and geoscience.



*Where great minds
meet to form
great ideas.*